

Study Skills for School Success!



Our Lady of the
Holy Rosary School

Adopted from Miss Cantillon's Power Point

Study Skills for School Success!

This study skills workshop was written with the following in mind:

1. Students want to do well in school
2. Students who consistently do well in school practice good study habits and are well organized
3. Study skills and organizational skills do not come naturally to most people - they must be learned



Learning About Learning 1

How Do People Learn?

- 1 % through TASTE
- 1.5 % through TOUCH
- 3.5% through SMELL
- 11% through HEARING
- 83% through SIGHT



What Does This Mean for Me?

Learning About Learning 2

How Much Do You Retain (Remember)?

- 10% of what you READ
- 20% of what you HEAR
- 30% of what you SEE
- 50% of what you SEE and HEAR at the same time
- 70% of what you SAY as you talk
- 90% of what you SAY as you DO a thing



What Does This Mean for Me?

Learning About Learning 3

Left-Brain/Right-Brain



Left Brain	Right Brain
<ul style="list-style-type: none">■ Prefer to work alone■ Favor a quiet class■ May choose to write an essay rather than work in a group	<ul style="list-style-type: none">■ Prefer to work in groups■ Enjoys collaborative group work■ May choose to complete an activity rather than write an essay

Learning About Learning 4

Gardner's Multiple Intelligences - How Are You Smart?

1. Verbal/Linguistic Intelligence
2. Logical/Mathematical Intelligence
3. Visual/Spatial Intelligence
4. Musical/Rhythmic Intelligence
5. Body/Kinesthetic Intelligence
6. Interpersonal Intelligence
7. Intrapersonal Intelligence
8. Naturalist Intelligences



What Kinds of Intelligences Are Your Strongest?

Organization 1

Topics

- Supply Update List
- Home/School Communication Folder (Agenda)
- Color-Coded Subjects
- Labeling Assignments
- School Zone
- Student Work Area



Organization 2

Home/School Communication Folder

- *At school* - put papers for parents in your Home/School Folder
- When you get *home* - put papers in your School Zone (described later)
- Have parents check School Zone
- Put signed papers back in Home/School Communication Folder



Organization 3

Color-Coded Subjects

- Assign every subject a color
- Match your notebook/binder tab color to the folder color
- Use colored tabs
- On journals & workbooks, use a marker to stripe the pages with the color for that subject



Organization 4

School Zone

- Special place where you put parent papers, a place your parents check every day
- Could be a basket or a bulletin board
- Great place for notes for teacher, field trip permission slips etc.
- Leave yourself reminder notes in your School Zone



Organization 5

Student Work Area

- What does your current work area look like?
- How should it look?
- You remember more if you do your homework in the same place and same time each night!
- Necessary supplies



Time Management 1

- Use a large monthly calendar to write down **ALL** activities and due dates (post in School Zone)
- Block off study time in advance
- Turn off cell phones, IM, TV, etc.
- Fix a snack - you don't need an excuse to get up!
- Have all necessary supplies in your "Student Work Area"



Time Management 2

- Estimate how long each assignment will take before beginning
- Do your least favorite assignment first to get it over with
- Even when you don't have much homework, spend 5-10 minutes reviewing that day's notes
- Tell yourself, "If I just finish five problems, I'll give myself a break." By the time you finish five problems, you may be ready for five more
- Keep the finish line in mind!



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Memorization Strategies 1

Two Types of Review

Rote	Elaborative
<p>Repeating over and over until it can be recalled</p> <ul style="list-style-type: none">▪ Alphabet▪ Song Lyrics▪ Multiplication Tables▪ States and Capitals	<p>Variety of strategies to help enhance meaning</p> <ul style="list-style-type: none">▪ Essays▪ Projects▪ Debates

Memorization Strategies 2

Two Types of Practice

Massed	Distributed
<ul style="list-style-type: none">■ Material only makes it to your “working memory”■ Material will soon be forgotten■ Cramming for a test	<ul style="list-style-type: none">■ Material makes it to your “long-term memory”■ Review and revisit material often■ Information should be reviewed ten minutes after learning and every seven days to keep in long-term memory

WHICH IS BETTER?

Memorization Strategies 3

Mnemonics

- Technique that allows learners to remember information using short retrieval cues

EXAMPLES:

- In fourteen hundred and ninety-two, Columbus sailed the ocean blue
- My very earrest mother just served us nachos (to remember the order of the planets)

WHAT ARE SOME OTHERS?

Memorization Strategies 4

Types of Mnemonics

1. *Chunking* (grouping items for better recall, particularly numbers)
2. *Acronyms* (using the first letter from a group of words to form a new word)
3. *Visualization* (creating pictures in your mind or on paper)
4. *Peg Method* (visualizing words literally attached to familiar objects)



Handling Homework 1

- Review what we have learned about homework and studying
- Steps for dealing with homework
 1. Understand what the assignment is and write it down
 2. Proper materials
 3. Understanding directions of the assignment
 4. Remember to bring it back to school and to the proper class

HOW CAN I DO IT ALL?

Handling Homework 2

- Homework Journal
 1. Use your Agenda to record ALL assignments
 2. When is the best time to record assignments?
 3. Ask questions about your assignments
 4. Cross out or check off each assignment as it is completed
 5. Reward your progress!



Handling Homework 3

- Prioritize Assignments - size up your task!
 - Do least important assignments last (i.e., assignments that are not due the next day)
 - Number your assignments in order from first to last
- How to Prioritize Assignments
 - Start with most difficult assignment
 - End with extra credit or assignments that are not due the next day
- Think of a time when you did not prioritize. What were the consequences of this?

Handling Homework 4

- Doing Excellent Work
 - Use good, readable handwriting or type
 - Use complete sentences whenever you can
 - Make your answers to questions thorough, using examples and details
 - Be sure your answers are accurate by double-checking your work (especially in math)
- By doing these things you will save time re-doing assignments! You will also learn more and you won't need to study as much!

Handling Homework 5

■ Homework Habits

1. Place your book bag in your Student Work Area as soon as you get home
2. Take out any papers in your Home/School Communication folder and post in the School Zone
3. Complete your homework in Student Work Area
4. Estimate how long each assignment will take (use a timer)
5. Schedule short break times - preferably between assignments
6. As SOON as each assignment is complete and a parent has checked it, put it immediately in your Home/School Communication Folder

Test Taking 1

- Be an ACTIVE studier - simply re-reading the chapter and other information is PASSIVE studying
- Use distributed practice - review every night of the week, even if there isn't a quiz or test coming up
- Ask questions before the test!



Test Taking 2

QUESTIONS TO ASK	REASON FOR THE QUESTION
When will the test be?	This lets you know how much time you have to prepare.
What type of test will it be (essay, multiple choice, true/false, fill in the blank)?	This will tell you how to study for the test.
Will there be a review in class?	Teachers often have a review for the test in class either in a special study session before or after school.
Will there be a study guide or a review worksheet for the test.	A study guide or a review worksheet can be a big help to prepare for an upcoming test.
Will this be an open-book test?	On open-book tests you can use your textbook or your notes to help answer questions.
Will there be any questions about information from the lecture that is not in the book?	Often the teacher will talk to the class about ideas that are not covered in the textbook. Make sure you have all the information in your notes.
How much time will be given to finish the test?	This will let you know how fast you have to work.

Test Taking 3

- What is the purpose of tests?
- When studying: recite, write, visualize
 - **RECITE**
 - Describe or explain topics aloud; put in your own words
 - Teach the information to someone else
 - Engage in a simulation or role play

Test Taking 4

- WRITE
 - Make chapter study review cards
 - Use a set of flashcards (vocabulary, definitions,
- VISUALIZE
 - Close my eyes and “picture in my mind” any chart, diagram, word, map, event, time period, scene, experiment, or character that I am trying to remember

Test Taking 5

■ Before the test

- Follow the teacher's test procedures
- Ask last minute questions
- Listen carefully to instructions
- Read directions carefully and underline/circle important parts
- Unload (transfer information in your brain to the back of the test paper)

Test Taking 6

■ During the test

- Label all parts of the test - don't forget your name!
- Answer all questions; if you are not sure put a check mark next to it and go back later
- Begin with the section you want to get out of the way
- Pace yourself if the test is timed
- Double check each answer
- Use the test as a source to get information for questions



**THANK YOU FOR
BEING ACTIVELY
INVOLVED IN YOUR
CHILD'S EDUCATION**